



Shri Nagpur Gujrathi Mandal's

**S.S. Maniar College of Computer and Management**

NAAC Accredited with B+ grade

EIA Street, Kalamna Market Road, Kalamna,  
Nagpur-440035.



**National Service Scheme**

**“NOT ME, BUT YOU”**

Special Camp Report

(Session 2022-23)

30<sup>th</sup> January to 5<sup>th</sup> February 2023

Place of Camp:-Mahalgaon, Tal- Kapsee, Dist- Nagpur.

NSS Unit has been introduced in colleges with the aim of establishing a sense of social responsibility amongst students and inculcating values of self-discipline and selfless dedication towards community development.

As a part of NSS activities, a 7-day camp was held by our college at Mahalgaon village, Kapsee Taluka, District-Nagpur from 30<sup>th</sup> Jan to 5<sup>th</sup> Feb 2023. Various social activities were held with a sole view of rural development and value education. We undertook various cultural activities in the village to promote interaction with the villagers and used the NSS platform to spread awareness about different social issues.

**Date:30/01/2023 (Day 1)**

### **THE OPENING CEREMONY**

The first day of the NSS special camp in “Mahalgaon” started at 8:30 am. All the camp students gathered at the old gram panchayat. They were divided into 5 groups. Initially, the volunteers cleaned the premises for their stay. A pre-orientation class was taken by Mrs. Nisha Vyas and Mr. Hariram Gurupanch - NSS coordinators, for self-introduction of the students and to provide guidelines for the next 7 days.

The inauguration of the camp was at 10:00 am. Shri Prakash Gajbhiye, Sarpanch of Mahalgaon, was the Chief Guest. Mrs. Ranjana Ingole – Upa sarpanch of Mahalgaon, and renowned persons from the village were present for the inaugural function. The program started with the lighting of the lamp and Dr. Vrushali Parkhi, Principal of S.S. Maniar College welcomed the guest of honor. It was followed by the introduction of the chief guests and their felicitation and speech on “Azadi ka Amrit Mohatsav”. The vision, mission, and the main purpose of the NSS camp were put forth by Mrs. Nisha Vyas, Program Officer of the NSS Unit of our college. The program proceeded with different speeches given by the guests present during the ceremony. The ceremony concluded at 11:30 pm with a vote of thanks by Pawan Vishvakarma (NSS Volunteer).

After the inauguration ceremony, NSS volunteers presented a street play on “Child Labor” in front of the Sarpanch and villagers. Through this act, villagers were made to realize that child labor deprives them of their childhood. They also came to know about law protecting child labor.

Thereafter , a free eye check-up camp was organized for the villagers in association with “Mahatame Eye Bank” Nagpur. There was an excellent response to the camp due to wide publicity by NSS volunteers. 113 people aged above 40 took advantage of the Eye Check-up camp. Out of which 37 people were advised for cataract surgery and they would be treated free of cost by the Eye Bank.

Simultaneously a “Sickle cell camp” in association with the Sickle cell department of “Mahatame Eye Bank” was organized at Shree Nath Vidyalaya, a Govt school in Mahalgao for the students of classes 5th to 10th. 241 students were tested and out of them 35 were tested positive. Their parents were called, and the doctor consulted them for further investigation.







## Date:31/1/2023 (Day 2)

The 2<sup>nd</sup> day started at 8:00 am with the rally as a part of an awareness campaign for realizing the importance of cleanliness to the villagers. All the NSS volunteers took part in the rally and made villagers understand the importance of hygiene and health. The rally started from the old gram panchayat and ended at the new gram panchayat of Mahalgaon, as they walked along the main roads of the village.

Volunteers performed Yoga and Surya Namaskar with the village children. One of the volunteers Ankit Sahu, a yoga instructor explained to the volunteers and children the importance and benefits of Yoga, the ancient Vedic practice of our country that helps in keeping a balance between mind, body, and soul, thereby developing a complete and composed human being. Students learned techniques of various asanas like Tadasana, Vakrasana, Pashchimottanasana, Surya Namaskar and breathing exercises like Anulom-Vilom, Bhramari, Kapalabhati, etc.

After the yoga session, NSS volunteers organized a cleanliness drive. Various premises such as Gram panchayat area, Society area, Primary School, High School, and temple area, sides of the roads were cleaned with the aim of “Gram Swacchata Abhiyan”.

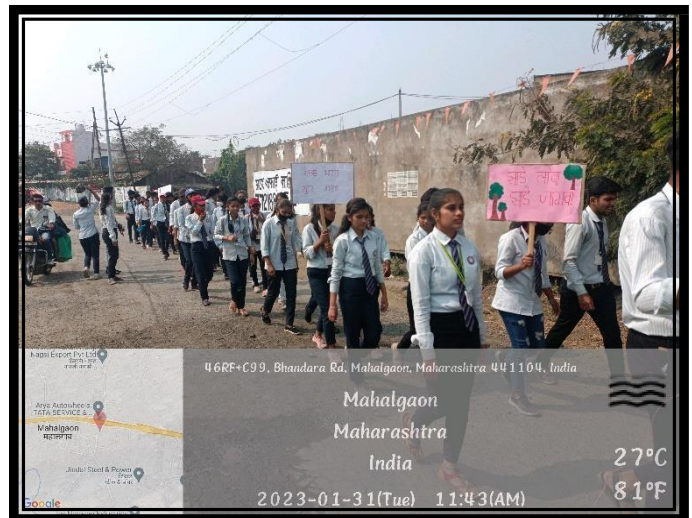
After the cleanliness drive, volunteers performed street plays at different locations in Mahalgaon village. These were on themes related to “ban single-use plastics”, “cleanliness” and “good health practices” with respect to environmental conservation. The street play was very well appreciated by the villagers and our NSS volunteers.

Meanwhile, one of the volunteers Mr. Sagir Ali did the registration for E-shram card for the villagers. Many people benefited from this activity.

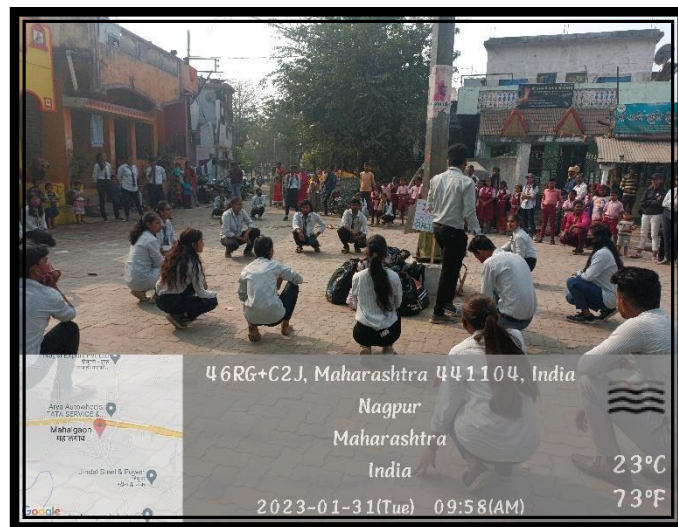
After that NSS volunteers visited a nearby “Mallu rice mill” where students learnt rice milling system that removes the husk and the bran layers, and produce an edible, white rice kernel that is sufficiently milled and free of impurities. They also interacted with the workers in the factory and tried to find out their satisfaction level of working there.

At 4.00 pm in the evening a group discussion was organised for the volunteers on the topic “A day without mobile phone”.

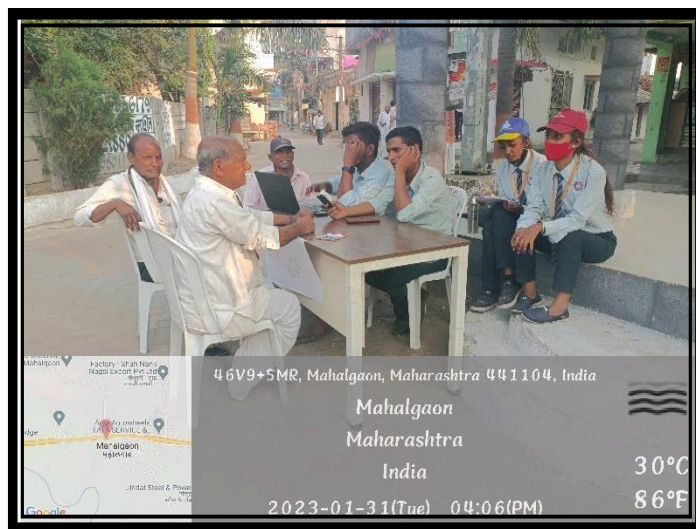
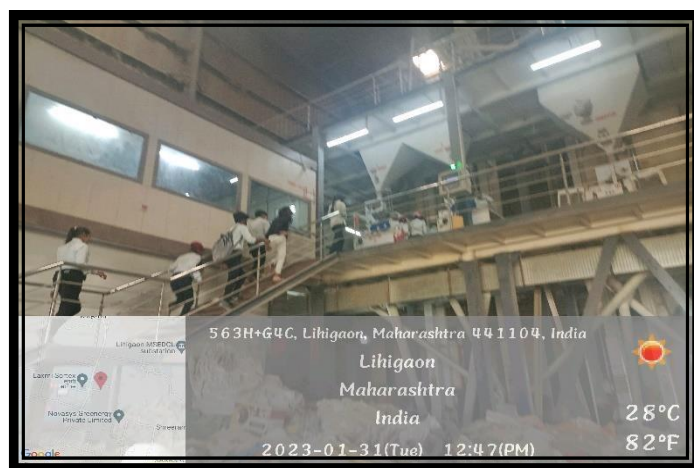
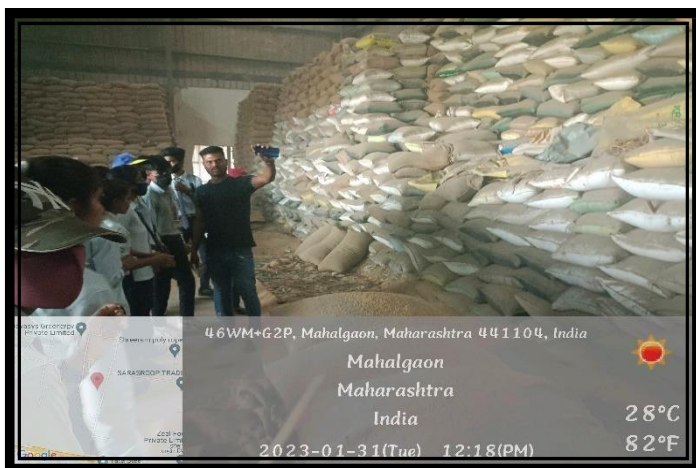
Lastly, all the volunteers gathered and discussed the next day’s plan and activities to be conducted.











### **Date:01/2/2023(Day3)**

The daily group activities on the 3rd day in the camp started at Asoli village with a rally and Yoga. On the 3<sup>rd</sup> day, NSS volunteers organized an environment-friendly rally based on “SAY NO TO PLASTIC”. Through the rally, volunteers spread awareness about the harmful effects of using plastic and suggested some alternatives to plastic. Volunteers requested the villagers to minimize the use of plastic bags through their slogans, and created awareness among the villagers the manner in which an ideal environment could be created to nurture and grow young minds.

At 8:30 am warm-up, stretching exercise, and yoga was performed by the NSS volunteers along with the nearby village children to bring awareness about the health benefits of Yoga.

After breakfast, at 9:45 am Street play was performed by the volunteers on “Nasha Mukti” at the busy area of village. Through this play they aware people about harmful impact of tobacco and alcohol. Another street play was performed near Hanuman mandir at village on child labour. The act was appreciated by the villagers.

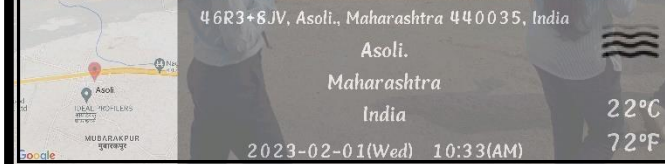
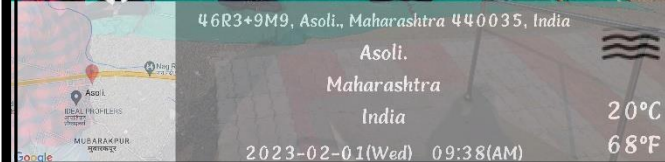
For the next activities our NSS team was divided into three groups. Two groups reached Zilla parishad school. One group performed different activities viz. drawing, dance and games with the students of class 1<sup>st</sup> and 2<sup>nd</sup>. Another group showed movie on good touch and bad touch to the students of class 3<sup>rd</sup> and 4<sup>th</sup>. Students explained them about how they must react if someone touched them with the wrong intention.

Meanwhile Sagir Ali our NSS volunteers did registration for E-shram card at Asoli village. 45 people took advantage of this.

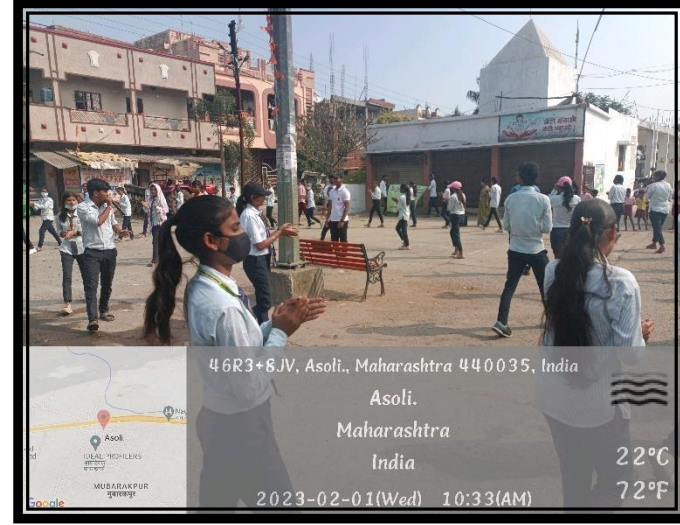
Third group with Program officer went to Mahalgao Gram panchayat office. It was an honour for our NSS team as they were called by sarpanch and Krishi Adhikari to make people aware about a government scheme (PMFMFE) Pradhan Mantri Formalisation of Micro Food Processing Enterprises Scheme which increased access to credit by existing micro food processing entrepreneurs, FPOs, Self Help Groups, and Co-operatives. First scheme was introduced to our volunteers by Krishi Adhikari Mrs. Dhoke, then our volunteers visited Mahalgao and aware people about the scheme.

Lastly volunteers gathered for the debate competition which was organised for the volunteers on the topic “Are we forgetting our culture?”











**Date: -02/02/2023 (Day 4)**

The fourth day of the NSS special camp started with a rally. The subject of the rally was focus on “SAY NO TO TOBACCO”. Villagers were made aware of the ill effects of consuming tobacco and smoking. The rally was followed by a yoga session conducted by NSS Volunteers. Nearby village children participated in the activity and learnt the steps of Surya namaskar.

After breakfast, at 9:45 am “Self-Défense” program was organized by the NSS volunteers at the new gram panchayat for girls. A lecture cum ‘Demonstration on Self Defence’ was organized wherein Ms. Shefali Shahu, one of the NSS volunteers and trainee of the National Shotokan Karate Association of India demonstrated various techniques for self-defence to the volunteers. School- going girls and all other NSS volunteers benefited from the program. The program ended at 10:30.

At 11 a.m. felicitation program was arranged for farmers. Ideal farmers were given awards for their significant work in the field of agriculture and horticulture. Farmers guided the students about the importance of natural farming. They stated that natural farming was a search for eco-friendly and farmer-friendly alternate systems of farming and a method of reverting to non-chemical agriculture to attain sustainability in production. They emphasized that food should not be wasted as it takes a long time for its production.

A farmland visit was organized for the volunteers with senior farmer Mr. Ramesh Vanikar. He guided the volunteers about vermicompost and organic farming. Volunteers learnt about varieties of crops such as wheat, cotton etc. They also interacted with other farmers and tried to learn about the problems faced by our Indian farmers.

At the same time, Ms. Shefali Shahu trainee of the National Shotokan Karate Association conducted a self-defence program for girls of Shree Nath Vidyalaya, government school at Mahalgao.

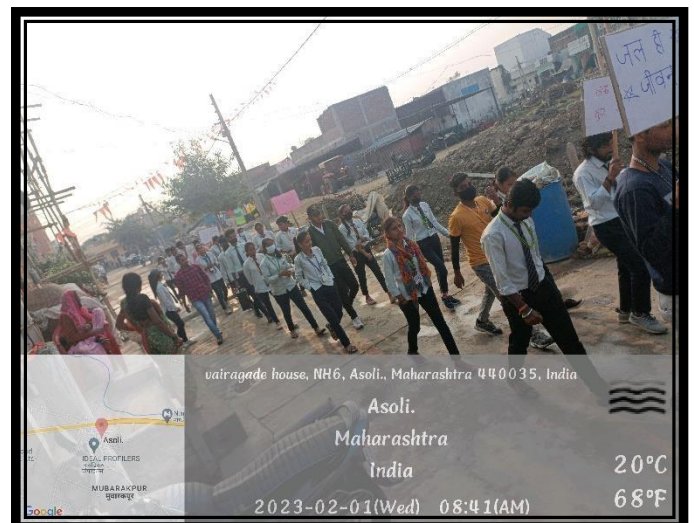
After farmland visit all other volunteers visited Shreenath Vidyalaya. Team is divided into four groups. The volunteers organized an informative session about adult education for high school students. Volunteers informed students about good touch and bad touch, also female students were informed about the menstruation cycle and care to be taken during menstruation. Male volunteers arranged the counselling session for the male students and the students were informed about the good touch and bad touch. The session was very informative, and the volunteers had good discussion with the high school students.

A special session on brain gym was organised for the students of class 9th and 10<sup>th</sup>. Brain gym is a motion led programme, which is set on the idea that movement generates enhanced learning. Mr. Pranay Khapekar, a National Abacus trainer and National Best Abacus Teacher awardee, was the resource person. He explained different short tricks to do fast calculations.

Om Ambulkar, an NSS volunteer who is preparing for the Police Bharti exam, shared his experience with the students of class 10<sup>th</sup> and offered advice to others who desired to take the test. The principal of Shrinath Vidyalaya Mr. Ravindra Nagpure appreciated the efforts taken by the NSS team.

Meanwhile, one of the volunteers Mr. Sagir Ali was busy in making registration for E-shram cards for the villagers. Many citizens benefited from this facility.

Lastly a debate competition was organized for the volunteers on the topic “Teachers should be paid more or equal salary as doctors.”







### **Date 03/02/2023 (Day 5)**

On the 5<sup>th</sup> day, NSS volunteers visited the nearby village Garla-Tal. Kapsee, wherein volunteers paid a visit to “Gorakshan”. Students performed yoga and meditation at gorakshan kendra. Volunteers cleaned the Gorakshan premises and fed the cows. It was an amazing experience for all the volunteers.

After paying a visit to Gorakshan, the volunteers organised an awareness rally based on “Save girl child” theme at Garla village. The volunteers raised slogans like 'Save the girl child' and displayed placards to stop the declining sex ratio.

Later volunteers performed 3 street plays at various locations of Garla regarding Nasha mukti, dowry system, and eradication of superstition. People at Garla enjoyed and appreciated all the acts and took oath not to give/take dowry.

Meanwhile one group was busy in making arrangement for the health check-up camp for the villagers of Garla at gram panchayat office. The camp was organised by the NSS team in association with the “Radiance hospital”, Nagpur. Total 98 villagers took advantage of the camp.

After lunch NSS team was divided into three groups. One group visited Zila parishad school and performed different activities viz. drawing competition, games, dance, etc. Some volunteers educated students about good touch and bad touch. Notebooks and biscuits were distributed to the children of Zilla parshad school by the NSS volunteers. Later, a motivational movie “Madam Geeta Rani” was shown to the women of the Garla village. The movie is about the struggle of a woman who wants to make people aware about importance of education. All the women enjoyed movie a lot.

Meanwhile, one group of students again went to Gorakshan and helped workers in their regular activities. They spent two hours there and did Gauseva.

Another group stayed at Garla village. Five volunteers went to cotton farmland and helped workers there to pluck cotton from the cotton flower. Another five students went to a wheat farmland and helped worker in picking unused grass grown there. Workers were very happy as they got some hours rest with this help.

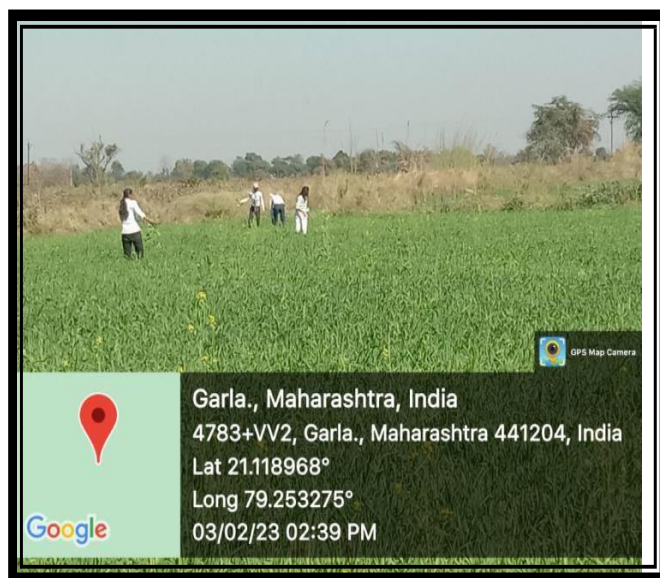
Later, all the volunteers gathered at gorakshan kendra. Team-building games were organized by the coordinators Mrs. Nisha Vyas and Mr. Hariram Gurupanch to develop and inculcate team spirit and group etiquette among volunteers. All the volunteers participated in the games enthusiastically and enjoyed them



a lot. Thereafter, volunteers had a group discussion about the planning of the next day's activities.







### 04/02/2023 (Day 6)

As per the regular practice, the 6<sup>th</sup> day of the NSS special camp started with a rally based on the importance of water conservation and tree plantation by volunteers, through slogans and placards to create awareness among the villagers about the conservation of natural resources and the benefits of tree plantation.

The rally was followed by a yoga session wherein villagers took active part and learned various asanas and pranayama.

Later, volunteers visited Z.P. School Mahalgaon. There volunteers performed various yoga and stretching exercises with the school children. Children actively participated and enjoyed it a lot. The principal and teachers at Z. P. School were felicitated by the volunteers. Volunteers presented a street play at Z.P school in front of principal, teachers, and students.



Thereafter, each team of volunteers was assigned a task of conducting activities in school. They encouraged the school children to participate in various activities conducted for them.

A drawing competition was arranged for students of standard 1<sup>st</sup> to 5<sup>th</sup>. They were provided with papers and drawing kits and were instructed about the rules of the competition. The drawings were evaluated by their school teachers and our NSS students and staff unanimously declared the winners. Prizes were distributed at the hands of the Mr. Pethe, the school Principal.

Another group conducted a two hour workshop on clay modelling. Khushbu Yadav NSS volunteer taught the students of Z.P school to make Genesha idols out of clay. Students were pleased to learn the art. Different sports events were also organised for the students viz. racing, kho-kho, etc. Drawing kits and snacks were distributed to the school children by the NSS unit of the college. Mr. Pethe appreciated the efforts of the NSS unit and NSS program officers of the college and encouraged them to continue such endeavours in the future.

In the second half after the lunch rally was organised from Mahalgaon to Dighori, a nearby village. The subject of the rally was focused on Beti Bachao, Beti Padhao, Jal shakti and cleanliness. Two street plays on importance of cleanliness and “Ek Galat Kadam Palko ke Virudh” was performed by the volunteers at the main chowk of the Dighori village.

Later, volunteers divided into three groups for cleanliness drive. Each group was instructed to visit different places of the village and clean the surroundings.

Thereafter, our NSS volunteers participated and helped in an awareness program which was organized by Petroleum Conservation Research Association (PCRA)., which is a registered society set up under the aegis of Ministry of Petroleum & Natural Gas, Government of India. As a non-profit organization, PCRA is a national government agency engaged in promoting energy efficiency in various sectors of the economy. With the support of our volunteers the agency was able to aware people about energy conservation.

At 4.00 pm the team returned to the camp site i.e., Mahalgaon form Dighori. Lastly some educational games and debate competition on the topic “Companies should hire 50% male and 50% female”. was organized by the NSS program officer for the volunteers.







### **05/02/2023 (Day 7): -**

The last day of NSS special camp was spent with great enthusiasm. The day began with the rally based on the importance of hygiene and tree plantation. Villagers were made aware of the importance of cleanliness and its health benefits and tree plantation through slogans and placards throughout the rally.

Later, Yoga and Suryanamaskar session was conducted. Children of the village took active part in the yoga session.

After the breakfast volunteers performed a street play on “Ek Galat Kadam Palko ke Virudh” at the Center square of the Mahalgaon. Later, all the volunteers gathered near Chhatrapati Shivaji Maharaj statue located at the center of Mahalgaon. Volunteers cleaned the statue and nearby area. Everyone paid their tribute to Chhatrapati Shivaji Maharaj by reciting Garad Garjana and by offering garland at the statue. The whole environment was full of patriotism. Immediately after that a rally was organized throughout the service road from Mahalgaon to spread awareness regarding “Jal shakti”, No use of plastic and beti padaho beti bachhao.

Om Ambulkar, gave a demonstration on “How to save a person” who has a heart attack for the general public. He also informed them about medical emergencies.

Later, a session was organized for all the volunteers on “Power of personality”. The resource person was Dr Laxmi Mahantare Asst., professor and a soft skill trainer at G. H. Rasoni Institute of Management and Research, Nagpur. She explained to the students that your personality does not depend on your looks, but it depends on your attitude and how you carry yourself. It was a wonderful and interactive session.

Meanwhile a motivational movie “I am Kalam” was shown to the children of the Village.

These two program a session on menstrual hygiene were organized for the women of the village, at old Gram Panchayat in association with an NGO Shakti.

After lunch, a valedictory function was organized by the volunteers. Mr. Prakash Gajbhiye-Sarpanch of Mahalgaon and Asoli were the guests of honour, Mrs. Ranjana Ingole – up-Sarpanch of Mahalgaon and Asoli, Suresh Ghodmare, Samajik Karyakarta and other village heads were invited to the valedictory function.

Lastly, NSS volunteers presented cultural programs for the villagers wherein volunteers played drama and danced in front of the guest. Children of the village also participated in the program enthusiastically. They surprised us with their wonderful dance performances.

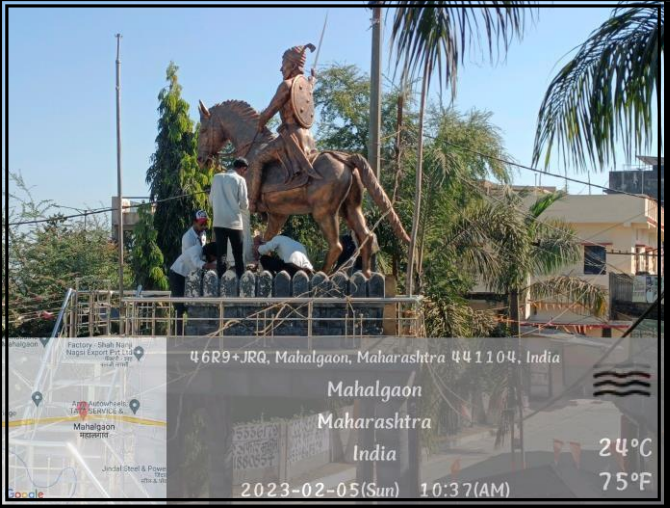


Mr. Prakash Gajbhiye motivated and inspired the NSS volunteers through his motivational speech and congratulated all the NSS volunteers

for the success of the camp and best wishes for the life ahead. The villagers responded with great enthusiasm. The program was successful in improving the outlook of the people living in rural areas. Music and poetry were also organized, and it was cherished by one and all. The program was concluded at 7:30 pm with the recital of NSS song.







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